

PLEASE READ THESE NOTES BEFORE COMPLETING THE APPLICATION FORM

#Thriving Norwood

The Norwood Health Service Project

Promoting community engagement to support emotional, physical and social health.

Norwood Forum is working with Lambeth Public Health on Lambeth's Health and Wellbeing Hubs initiative designed to improve the health and wellbeing of our community.

In February 2022 Norwood Forum launched the first round of this funding scheme and we received 27 applications, awarding 13 successful projects. You can find more information on round one here: www.norwoodforum.org/news/18-mar-22/gipsy-hill-health-and-wellbeing-hub

Now we are very pleased to launch Round 2.

Scope

Round 2 has two aims.

Firstly, the scheme is designed to fund projects that will genuinely impact the all round health and wellbeing of those most in need of support in our community.

Secondly, whatever your project is about, we will expect you to share other health and wellbeing information, which will include cost of living support, which will include cost of living support. You will be provided with appropriate information to share and support to do this, but you will also be expected to connect yourself into what else is going on. By this we mean both the other successful projects in this funding scheme, and also what else is happening such as by the NHS, Lambeth Public Health or other Lambeth Council initiatives including one off events and activities or other relevant initiatives. You will be introduced into the existing Thriving Hub network and supported to increase your own network.

The legacy of this scheme will not only be measured by the longer term impact your project has had on the people taking part, but also on long term impact it has made on you.

Area

For round 2 your project can engage residents living across the whole of Norwood, not just Gipsy Hill. This needs to be within the London Borough of Lambeth – from its Gipsy Hill border through to the southern border of Brockwell Park.

Who is your project designed for

You need to select one of the following groups and demonstrate how you plan to reach your target group:

- People from Black, Asian and multi-ethnic groups
- Parents and carers on low incomes (particularly lone parent families)
- Young families
- Unemployed
- People experiencing poor mental health
- Isolated men (mainly single isolated men)

- Older people
- LGBTQ+
- People with disabilities/and or suffering with poor health.

FAQs

- You/your organisation need to be based in Norwood
- You may only apply for funding for one project
- We very much encourage partnerships - both existing and new, and if you are looking for a partner or a location/venue, we can also offer advice
- The maximum you can apply for in this second round is £2,500, but if your project only requires £100 it will receive the same care and attention. We encourage you to apply for right amount for you. If you need less than the full amount this could help us fund an extra project
- If your project is a regular 'class' of some kind, it must span at least a four month period
- On receipt of your application you may be asked to provide further details
- If you are successful with your application and new Covid, or other restrictions impact your project, we will discuss and agree with you, a pathway going forward.

Five Top Tips for a successful project and application

1. Start with the change you want to bring - what will be different in people's lives as a result of your project?
2. How will you know if you have achieved that change?
3. Know your people - plan your activities for what you know will work with/for the people you're targeting
4. Less is more - this is a small grant for a short period, so balance quantity and depth, meaning reach a lot of people in a small way, or a few people in a big way (difficult to do both)
5. Stand out - this is a competitive process, so what will make your project proposal stand out? Anything innovative or distinct?

Evaluation

If your application is successful, we will ask you to:

1. Keep in regular contact with the Norwood Forum project team – and join the project WhatsApp group if you have a smart phone
2. Attend regular get-togethers – a mix of in-person and virtual
3. Play an active part in the Thriving Norwood network
4. Include Norwood Forum and Lambeth logos in all your project literature on and off-line, use #thrivingnorwood and promote your project on the <https://thrivinglambeth.co.uk/> website
5. Collect anonymised data on your participants – we will agree what is appropriate for your project
6. Evaluations:

A short interim report half way through your project which covers information on how you set-up your project, basic data on your participants so far, what has worked and what you might have changed.

A final report which includes a short narrative, your evidence of the health and wellbeing outcomes achieved, and a short financial report. Photos and videos are welcomed.

Take part in a short one to one conversation to discuss what difference the project has made to you.

We will agree in advance what you will provide and that will be tailored to your project. We will provide support to help you achieve this.

7. We may also ask the grant recipients to attend a Thriving Norwood Health & Wellbeing Network meeting to present your report in person.

Safeguarding, Insurance, Access and Legal Responsibilities

We expect you to fully understand your professional responsibilities relating to yourself, your team (if you have any colleagues involved in this project), those participating in your project (in particular safeguarding vulnerable adults or children), and the facilities you will be using. This includes access, all the relevant insurance, data protection, current DBS checks where necessary, and relevant Covid-19 legal requirements and best practice, plus any other issues that relate to your particular project.

Timeline

The deadline to apply is 12 noon Wednesday 26 April 2022, and the decision of the adjudication panel will be final, and subject to funds being available.

The adjudication chair will ensure that the process is fair and transparent. Every application will be assessed against the same criteria.

You will be advised of the outcome as quickly as we possibly can. This will be dependent on the number of applications. You will be kept closely informed.

Application process

There will be a simple form to complete which can be on or offline.

During the application process a virtual Q&A will be organised, as well as an in-person drop in session, and one to one support.

Applications are especially welcome from grass roots organisations and individuals, for pilot projects, and partnerships.

Any questions, please email us: thrivingnorwood@norwoodforum.org